

CREATIVE DANCE MINI-ACTIVITY

Activity Title: **Colors of the Rainbow**

Target Age Group: Pre-3rd grade

Estimated Time: 10 -15 minutes

Educational Purpose of Activity:

The educational purpose of this activity is to help reading comprehension and to build creativity and teamwork

Creative Dance Vocabulary:

Levels - Levels of movements are high (standing up as tall as you can with arms up can be a very high level), medium (bent over slightly can be an example of a medium level), low level (low down to the ground as an example of a low level)

Supplies needed:

Rainbow colored scarves, one for each student

Instructional Steps of The Activity:

- 1st Read *When the Cassowary Pooped* to your students/children.
- 2nd Gather the students in a circle
- 3rd Talk to your students about levels. Demonstrate each level to the students and have them mirror the level back.
- 4th Talk to the students about the different colors of the rainbow. (Red, Orange, Yellow, Green, Blue, Indigo, Violet)
- 5th Play some fun music with no words so you can still talk to the students.
- 6th Call out each color one at a time and have the students with that color scarf dance around in the middle of the circle. When they are dancing call out a level at which the students should dance. Continue this with each color.
- 7th After each color has gone, have the students line up in the order of R.O.Y G. B.I.V. Lead the students in a follow-the-leader dance around the room using levels.
- 8th After the activity is complete, discuss the different levels and the colors of the rainbow used in the activity.

